

# The F<sup>ly</sup> C'S'LE

Hunterdon Sailing Club, Inc.

APRIL 2007

NO. 410



## A New Shed for HSC!

On Tuesday, March 27<sup>th</sup>, the new storage shed was delivered. It has a 50% increase in floor area, great storage and easier accessibility through the 9 foot wide garage doors. The project began late last year with research by Charlie Engler who found the competitively priced Country Wood Crafters in New Hope. In December, the Club's Executive Committee met with Park Superintendent Becky Williams-Ellis who supported the plan. She shepherded our written proposal through several layers of State Park Administration in Trenton. As a result of her efforts, we received approval and placed our order for the shed, allowing 3-4 weeks for manufacture.

On Saturday, March 10<sup>th</sup>, a work crew consisting of Bob Orr, Mike Incantalupo, Skip Leslie, Chet Ensign, Bob Slaughter, Dave Stockwell, Kathy Mancuso, Nick Mentasana, Joanne Shaver, Charlie Smith and Gordon Sell removed everything from the old sheds. The final work of the day was a super-human effort with hydraulic jacks to remove the ramps that had been so carefully made by Mark Califano and Bob Griswold only two years before. Most gear was stored on-site under a large tarp while valuable items were moved off site.

The following week, a CWC work crew arrived to remove the old sheds and prepare a stone pad for the new building. The site was scraped flat, laser leveled and then covered with 12 tons of gravel. They used their Bobcat-style mini-dozer to fill in some of the swampy area that used to be in front of the old Rutgers Shed.

CWC did an outstanding job of placing the shed on the site and completing the finishing touches. Thanks to all who've been a part of the effort! Everyone's help has been much appreciated.

~ Gordon Sell



## Commodore's Corner

The smell of spring is in the air and with it comes the excitement of knowing that our season is about to begin. This year, thanks in large part to the dedication of Gordon Sell and the support of Becky Williams-Ellis and the Spruce Run Recreation Area, we have a new and significantly larger shed for storage and shelter.

In addition to Gordon's efforts, Elliot Zimmerman has developed the event calendar, race committee schedule and training programs. Stacey Bachheimer has prepared membership and training forms and is managing the registration process in addition to teaching the CPR training session. Chet Ensign continues to update our website and Charlie Smith publishes our newsletter. Mary Deal has researched legal issues and served as our advisor. Rich Baumann with help from Nicky Einthoven and Mary Deal has revised our by-laws. Bob Griswold has planned our season of NJYRA participation. Anne Freeman continues with the publicity that has helped us to recruit so many new members. Ellen Greenhorn has developed an efficient, detailed budget while Andy Lindgren keeps us informed through frequent communications. Scott Callahan is planning "on the beach" training sessions for Sunfish sailors prior to each Sunday race and Kim Gold is helping to publicize the club through her activities in the Sierra Club and is preparing a promotional flyer.

Many members have given their time and effort to decommissioning the old sheds and commissioning the new one. Thanks to these folks and all the others who help to make the club work so well. Special thanks go to Richard Brady, an active member from the past who has made a generous contribution toward the cost of the new shed. *Thank you, Richard!*

Finally, we need ALL club members to participate in race committee service. If you are not already on the list, contact Elliot Zimmerman. RC is a great way to meet club members and to sharpen your racing skills.

Please plan to be with us on the dates listed on the April/May Calendar and most important, please welcome our new members enthusiastically at these early events. **It's going to be a great season! See you on the water soon!**

~ Bob Orr



**Classic Jet #747**  
emerges out of the ashes. Look for her on Spruce Run Reservoir this summer courtesy of Doug Brown.



# Mark these Dates in Your Calendar!

DATE	Day	Series	D#	RC	Volunteers	Regatta / Training Events	Other Events	Special
<b>April</b>								
21	Sat	CLUB				Spring Clean Up Sea Which Launch Day		
28	Sat	TRA					CPR Training West Orange	Rain Date Spring Clean Up
29	Sun	CLUB						Rain Date Spring Clean Up
<b>May</b>								
2	Wed	TW1	1	D Esch	J Bardwil	Twilight 1 Series Start		
6	Sun	SPR	1	G Sell	M Incantalupo M Ambrose	Spring Series Start		Sunfish Hot Dog Sunday
9	Wed	TW1	2	R Buchanan	C Ensign			
12	Sat	CLUB				SANJL @ HSC	<b>SWIM CHECK 1—3 PM</b>	
13	Sun	SPR	2	V Einthoven	A Roswell D Recame			Mother's Day
16	Wed	TW1	3	D Jackson	N Altomare			
19	Sat	TRA			RC Training	12 N – 2 PM	<b>SWIM CHECK 1—3 PM</b>	
20	Sun	SPR	3	B Benson	B Benson M Kaplan	Challenge of the Lakes		
23	Wed	TW1	4	S Callahan	E Greenhorn	"Move up in the Fleet" Practice Beginner @ 5 PM		
26	Sat	TRA				"Move up in the Fleet" Practice Advanced @ 10 AM		
27	Sun	SPR	4	R Buchanan	Holmsburg L Semple	Double Dipper Laser Regatta		
28	Mon	CLUB				Sunfish Open	Dinner	Memorial Day
30	Wed	TW1	5	S Manson	L Bertocci			

## Swim Checks are Good for Everyone!

This year to meet safety and insurance requirements, children, teens and adults participating in on-the-water HSC "learn to sail" programs are required to take a "swim check". At the Hunterdon County YMCA, Deer Park facility in Flemington, we will confirm that participants can adequately swim with clothing on, tread water, put on a life vest in the water, etc. The swim check costs \$10/person payable to the YMCA. Participants should plan for their swim checks on May 12<sup>th</sup>, May 19<sup>th</sup> or June 2<sup>nd</sup> from 1-3 PM.

Please contact Bob Orr at 908-832-7553 or [rv-orr@earthlink.net](mailto:rv-orr@earthlink.net) to set up your "swim check" date and time.





*Learn and Live™*

## Learn CPR to Save a Life!

**The HSC class is limited to 10. Register Now!**

Saturday, April 28<sup>th</sup>, 2:30 – 4:30 PM at the home of Stacey Bachenheimer in Roseland, NJ

### Course includes:

- Recognizing life threatening emergencies
- Performing CPR on adults and children
- Using an Automated Electronic Defibrillator

### Questions?

Email Stacey at [sailhsc@hotmail.com](mailto:sailhsc@hotmail.com)



## Safety First -- Always!

Low body temperature due to prolonged exposure to cold is a real concern warns the NJDOT. Thanks to Nicky Einthoven for bringing this article to our attention as we start the 2007 season.

**With a possible body temp of below 95 degrees,** hypothermia is characterized by uncontrolled shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness and apparent exhaustion.

**Hypothermia requires immediate medical attention,** but in the meantime, how can you help?

- Remove all wet clothing.
- Warm the body core using blankets or your own body heat.
- Do NOT warm the arms and legs first! This drives the cold blood toward the heart and can lead to heart failure.
- Do NOT administer drugs or alcohol.

Plan proper sailing attire in the cooler months. A wet suit or foul weather gear can help. Select non-cotton fabrics that do not trap moisture next to the skin and use a USCG certified life jacket. And most important, **be aware of your fellow sailors!**

# Welcome Aboard!

**HSC is excited to welcome these new members for the 2007 Sailing Season:**

- ~ Richard & Christine Albe from Ewing in Jet 966.
- ~ Michael & Karen Ambrose from Pittstown will be sailing Flying Scot 4508 with their children Christopher & Alex.
- ~ Joanne Brenckle joins us from Summit and is enrolled in one of our adult “learn to sail” classes.
- ~ Joy & Mike DeFabrizio and their son Sam come from Lebanon. Sam is enrolled in our classes.
- ~ Hung-Wei (John) Yeh & Pearl Hwang and their children Karlin & Karina join us from Livingston. Karlin is enrolled in both youth classes.
- ~ The Silbert Family, Marci & Graeme, Cailley, Jordan & Kyle are from Short Hills. Cailley is taking classes.
- ~ Jose and Lisa Marero and their son George from Branchburg have all enrolled in our sailing classes.

### More folks joined after the 3/25 Sunset meeting.

- ~ Doreen Fonzo from Frenchtown is eager to sail.
- ~ Lynn Kanaby from Flemington is on board and
- ~ Andrew Peterson and his son Christopher come to us from Hampton.

All have registered for “learn to sail” classes

### We'll see you all soon at Spruce Run!

Stacey Bachenheimer, Membership  
[sailhsc@hotmail.com](mailto:sailhsc@hotmail.com)



*Remember to check in before the start!*

## Sandbag the Sailor

by Dereck Williamson

*After carefully observing his new patient and making terse notes - "disheveled...sun burnt ...wide-eyed...agitated...prob paranoid & hallucinatory" - the psychiatrist sat back and waited for the twitching wretch to speak:*

\* \* \* \*

Sandbag the Sailor took over my Sunfish!! No, no, not the way to begin this. I'll try to be calm. I belong to the Hunterdon Sailing Club and this 1969 season on Spruce Run Lake has been long and hot and tense. We sail 3 races in little boats and spend the rest of the time on shore, arguing with other skippers. The arguments are over "protests" that we've filed against each other over who fouled whom, and who violated what rule of the International Yacht Racing Union. And these boats are barely 14 feet long with a single sail! We also have fierce disputes over which way a board goes into a slot and whether it's called a centerboard or a dagger board.

The Protest Committee tries to wind up all the hearings and settle the scattered fist-fights before it gets dark. I should explain here that the object of a sailboat race is to cross the finish line first, so you can get back to shore and file the first protest which usually has more weight than the counter-protest filed by the boat you beat. During the race you announce your intention to complain about a boat by hanging a red flag on your own boat. Sailing races are very colorful with all those white sails and red flags against a blue sky.

But...but...but something really weird hap...hap... happened yesterday! I had just launched my Sunfish, backing too far in the water and getting the trailer lights wet again, when I noticed odd activity on the beach. Some of the skippers were filling bags with sand, using little beach shovels. I first thought nothing of it, because we yachtspersons often revert to childhood pastimes to ease pre-race tensions.

But then the Race Chairman called me over, and explained that a "minimum weight" of 175 pounds would now be required for each boat. The new rule, he said, was to keep lightweight skippers from walking away with a race, since weight is critical in little boats, especially when sailing in light air. So somebody weighing 175 or over would be okay. If less, the difference would be made up in sand weight.

I was mortified! During the past year, on a nightmarish diet, I'd managed to get my weight down from 175 to 155. And now I had to make it all up in sand. I asked the Chairman if I had time to eat a quick 20 pounds of fast fat foods. He said no. Grimly, I shoveled up 20 pounds of sand, weighed in, tied the bag at the top, and carried my gritty crew to my boat.

We all sailed out for the first race, and as we assembled at the starting area I could see lots of other sandbags sitting stiffly in their boats. The gun boomed, and we were off. I forgot about sandbags for the moment, as once again I heard that familiar pulse-quickenening "flap-flap-flap" sound of open rule-book pages in a stiff breeze.

Just after I'd rounded the first buoy, my sandbag yelled "Starboard!" to another boat.

I looked over in amazement. The sandbag had assumed a more relaxed position against the splashguard. From somewhere, he had gotten a pair of sunglasses, with a string tied around the back to keep them from falling in the water. Then I heard the sandbag in the approaching Sunfish yell "Hold your course!" But to avoid a collision I had to steer around the other boat even though I had right of way.

My sandbag chuckled, and hung out a protest flag.

I must have gone into shock at that point, because all I can remember are isolated bizarre events. In the second race, the sandbags started shouting rules and nasty remarks at each other. By the third race they'd taken command of all the boats and were steering them into furious luffing matches. And the protests - there were *hundreds* of them! My sandbag, slouched at the tiller and clenching an upside-down pipe, directed me to hang out flag after flag. One sad event that sticks in my mind was winning the final race, but being disqualified. A stern Race Committee ruled that all those protest flags had doubled my sail area, making the class boat illegal. A dreaded DSQ was penned on my record sheet.

As I crept away from the beach in shame, I took a last look back. And what I saw is why I'm here on a psychiatrist's couch. There was my sandbag, standing smugly on a scale, dropping skippers into a sack.

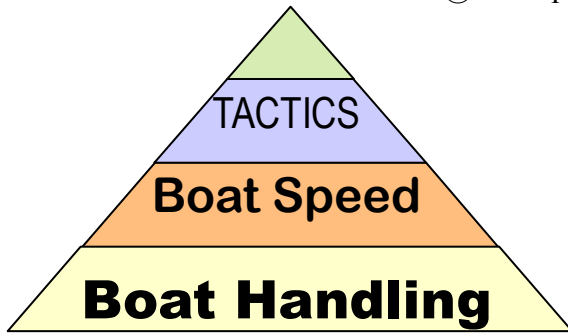
*Dereck Williamson was an early member of HSC. This Sea Story appeared in a slightly different form in the September 24, 1969 issue of the "Hunterdon Review."*

## Attention Junior Sailors!

The HSC Sailing Team will hold its 1<sup>st</sup> practice on Wednesday, June 27<sup>th</sup> from 2-5 PM and then Wednesdays after that at the same time. You don't have to be super fast to be on the team. If you can sail up wind and want to improve your skills, come out and sail with us! Our focus will be on boat speed in addition to boat handling. Remember the pyramid of success and especially the order. It's important! If you have questions, call or email me.

~ Coach Doug Brown

201-394-1866 / Jetracer14@netscape.net



## Force 5 News

Three of HSC's Force 5 Fleet attended the Midwinter Championships in Key Largo in February. We had a variety of conditions with light shifty winds on day one, moderate winds on day two and big wind and waves on day 3 three. These variables were far outweighed however by the high quality Race Committee and the outstanding hospitality of the locals and the Upper Keys Sailing Club. If you don't have plans for next February, pencil in this outstanding regatta. In fact, take a month and follow this one with the two Sunfish regattas that follow!

When the scores were posted, they showed Bob Culen (CT) with a comfortable lead followed by local Steve Perry. Places 2-6 were separated by only a few points with John Barrere (CA) in 3<sup>rd</sup>, our own Cort Young in 4<sup>th</sup> and Tom Trump (local) tied with your fleet captain for 5<sup>th</sup>. Tom won the tie breaker.

Mark your calendars for the first weekend in June for the Force 5 Spring Spectacular. The club boat has already been reserved for Jet sailor Charlie Smith trying something new. But if you want to sail and don't have a boat, we can probably find a loaner.

~ Rich Baumann



*A Perfect Columbus Day at HSC!*

## Hunterdon Sailing Club

### Officers

Commodore	Bob Orr	908-832-7553
Vice Commodore	Elliot Zimmerman	908-227-8582
Rear Commodore	Gordon Sell	908-625-7635
Asst. Rear Commodore	Mike Incantalupo	908-788-8980
Secretary	Mary Deal	908-638-5851
Treasurer	Ellen Greenhorn	908-713-9346
Past Commodore	Charlie Engler	908-464-5564

### Staff

Protest Chairman	Guido Bertocci	908-735-0010
Membership Co-ord.	Stacey Bachenheimer	973-364-0147
Training Coordinator		
New Member Liaison		
Scorekeeper	Rodger Hall	570-839-6221
Newsletter Editor	Charles Smith	201-435-3694
Webmaster	Chet Ensign	973-378-3472
NJYRA Rep.	Bob Griswold	973-697-6841
Park Liaison	Rich Baumann	973-667-4665
Librarian	Don Esch	908-730-7398
Handbook Editor	Cindy Orr	908-832-7553
Publicity	Anne Freeman	908-246-1411
Friends of Spruce Run	Vim Einthoven	908-359-6975
Club Sunfish Manager	Jim Bardwil	908-889-9329

### Fleet Captains

Sunday Wednesday	Susan Mallows	908-638-5201
Sunday Sunfish	Scott Callahan	908-295-8900
Force 5	Rich Baumann	973-667-4665
Laser	Bob Orr	908-832-7553
Flying Scot	Chet Ensign	973-378-3472
Albacore	Ed Feeley	908-889-0929
Jet 14	Charles Smith	201-435-3694
Open and Cruising	Kevin Pearce	908-400-6930
Junior	Teddy Wells	
Ladies	Nicky Einthoven	609-882-3392

For Membership & Training contact  
Stacey Bachenhaimer at  
SailHSC@hotmail.com

**Check us out on the web!**  
**[www.sailhsc.org](http://www.sailhsc.org)**

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