

# The FOC'S'LE

## Hunterdon Sailing Club, Inc.

JANUARY 2005

NO. 390

### First General Membership Meeting of 2005 (our 41<sup>st</sup> year)

#### Date and Time

Sunday, January 30 at 1:30 p.m.  
Come early and enjoy lunch with Club members.

#### Place

Sunset Inn, Lower Level

#### Directions

Clinton, NJ. West side of 31 about 2 miles north of I-78

#### Business



Pass our Budget for the year ahead

#### Programs

- A visit by the Spruce Run Park Superintendent, Becky Williams. Find out about boat parking arrangements. Ask questions. Welcome an important partner in our success.

- Learn about the HSC library  
Arrange to borrow books and videos.



- Two separate programs on Racing Rules

1. **Basic Rules**, run by Doug Brown.  
Learn the basics of getting around the course while avoiding collisions. Intended for less experienced sailors.



2. **Rules Changes**, run by Brent Benson.  
Find out about the important changes to the Rules of Racing for 2005-2008.  
Be ready for the season. Intended for more experienced sailors.

The programs above will be run simultaneously.

Good company, catch up with old and new friends.

## Commodore's Corner

Happy New Year to all. We have an assignment for every member. It is to retain the members who have joined in the last year, and find new members.

Every year, we attract many new members through our publicity, our training programs and our generally friendly behavior in the parking lot. Each year, many of last year's members are gone. We've organized an effort to change that. Bob and Kaitlyn Orr are heading up a New Member Liaison Committee to make sure that we identify and meet the needs and interests of our membership. The Committee already includes me, Ellen Greenhorn and Nicky Einthoven. Many more are welcome.

I hope to see as many as possible at our Jan 30 and March 12 General Membership Meetings. We promise good fellowship and will try to deliver programs of interest. This is the time of year when we make important decisions about the Club's direction, and set the tone for the year's success. I value your opinions on those subjects.

A sad note:

Carl Finne, a member from many years ago, rejoined, purchased a boat and was looking forward to becoming an active part of our racing program. We were all saddened by his untimely passing last month. Our thoughts and prayers go out to his family.

Rich Baumann

## Laser Fleet "Official"

In 2004, several people sailed Lasers in the Sunday Fall Series. But we were not then recognized as an "official" HSC fleet so we started with the Force 5's and were scored as part of the Open Fleet.

In recognition of the growing interest among members (and potential members) in this class, the HSC Executive Committee decided at one of its winter meetings to recognize the Laser Fleet as one of the active fleets of the club entitled to the same privileges as all other fleets.

In fact this is not really a new fleet – just a rebirth of the Laser fleet that was active at HSC over 20 years ago. Nicky Einthoven did some historical research in the Fo'c's'le archives and, among other things, discovered that the Bluenose Championship in 1983 was sailed in Lasers at Round Valley. Any current members remember sailing in that event?

Derek Stow

## Free Photo Contest

### Your favorite photo could bring fame!

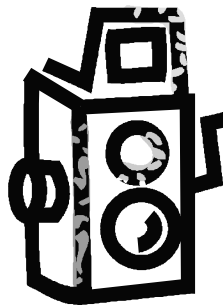
Everyone has at least one memorable sailing photo.

The HSC Executive Committee is now accepting entries for its amateur photography competition. The contest is open to member families and entry is free. The winning photo will be printed on the cover of the 2005 HSC Handbook.

The picture should be of Spruce Run, sailing at an HSC event, or an HSC member sailing at another competitive event.

Send in all the photos you have of HSC people or events! Many of the photos received in the contest will also be considered for posting on the HSC bulletin board at Spruce Run. Given that HSC's members and guests come from far and wide, your favorite photos can gain you fame and fortune.

Deadline: January 27, 2005



Send your print or digital file to:  
HSC Photo Contest  
c/o Zimmerman  
19 Linda Place  
Fanwood NJ 07023

Or email the digital file to  
[elliottzimmerman@comcast.net](mailto:elliottzimmerman@comcast.net)

## Spruce Run Water Levels

As forecast by the NJ Water Supply Authority earlier this fall, work on rebuilding the Spruce Run spillway was completed on schedule, and the water level has been allowed to fill back up from the 6 foot drop.

As of today, the lake is at 100% of capacity AND SPILLING. When questioned at the November NJWSA meeting, there are no plans for any construction work requiring lowering the level during 2005.

At the December meeting, The Friends of Spruce Run complimented Henry Patterson, the new Executive Director, for his open and cooperative spirit in working toward maximizing the multipurpose utilization of Spruce Run and Round Valley. And, thank you, Vim Einthoven, Art Roswell, Ann Parsekian and Ed and Elaine Zindell, for your continuing support.

Charlie Engler

# Proposed 2005 HSC Budget

**Membership:** 90 members -- annual dues \$85 with a \$15 late fee (same as last year). The final membership roster last year was 105. This was due, in part, to the excellent training programs offered to juniors and adults. For 2005, the budget assumes HSC will retain some of those new members and provide comparable training programs.

**Training:** 55 Juniors and Adults enroll in HSC programs --fees same as last year. In both 2003 and 2004, HSC enrolled around 60 students each year. For 2005, HSC anticipates another very good training year.

**Operating Expense Budgets:** Budgeted Operating Expenses for most line items are the same as last year. In 2004, there is a slight increase in awards for an anticipated increase in member participation. Club Social Events are budgeted \$1000 higher than last year to cover expected increases in annual dinner expense. (Actual 2004 expenses were very low primarily due to member donations and prudent cost management by event organizers).

**Capital Expenses:** Capital projects are planned to improve the boats, buildings and loaner boat storage. The individual line items are outlined in the detail budget. HSC has the financial resources for the proposed projects.

The proposed 2005 budget will be reviewed at the Annual Meeting. The Rear Commodore and I will be available to answer any questions.

Tom Maier

	2004 Actual	2005 Proposed Budget
	<u># Recpts/Exp</u>	<u># Recpts/Exp</u>
<b>Receipts</b>		
Membership - \$85 dues with \$15 late fee	105    \$8,495	90    \$7,800
Training -- Same Fee Schedule as 2003	61    3,850	55    3,125
Annual Dinner	48    711	45    810
Misc	56	70
<b>Total Receipts</b>	<b>\$13,112</b>	<b>\$11,805</b>
<b>Expense &amp; Budget</b>		
Handbook, Focsle, Recruiting, Web	\$1,850	\$2,010
Club Facilities & Maintenance & Dues	1,031	1,210
Club Social Events	897	2,020
Awards	701	850
Insurance	2,432	2,600
Miscellaneous	32	135
Training	812	960
<b>Total Expenses</b>	<b>\$7,756</b>	<b>\$9,785</b>
Capital Reserve from Dues - \$10 Per member		\$900
Capital Expense	\$7,617	\$0
Training Fund - Reserve - \$20 per Student	\$1,220	\$1,100
Cash Surplus	(\$3,481)	\$20
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<b>2005 Capital Budget</b>		\$550
	Replace Committee Boat Moorings	450
	Shed Repairs – Ramps, etc	700
	Skiff Upgrades	550
	Trailer Upgrades	5,300
	Committee Boat Upgrades and Trailer	500
	HSC Sunfish Rack Upgrades	\$8,050
<b>Total Capital Expenses</b>		<b>\$8,050</b>
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Account Balances 12/31/04		
	Operating fund*	\$3,241
	Capital Reserve	8,279
	Al Santoriello Training Fund	1,324

(\* ) includes \$335.31 held for the benefit of Friends of Spruce Run and \$371.15 for the Sunfish Fleet

## Carl Finne 1955 - 2004

On Monday evening, December 20, our dear friend Carl Finne suffered a fatal heart attack in Millburn on his way home from work. In true Carl Finne style, he miraculously managed to get his truck out of traffic without hurting anyone before he died. He was 49.

Carl, together with his sister Linda and parents Charlotte and Walter Finne (1976 Commodore) were very involved in HSC events, with Carl winning the Bluenose, as a junior, in 1970 and 1972. Carl was active in the Sunfish fleet and still owned Jet 514. This fall, anxious to get back into sailing, Carl and his wife Joanne came to Spruce Run to visit, and quickly became part of the crowd. Carl immediately joined HSC, bought a Force 5, and was eager to race it this fall and next summer.

On Sunday, December 26, Bill and Nancy Waggoner and I attended a Memorial Service. Carl had amazing interests in addition to sailing, such as the Maplewood Garden Club, and a lifelong affinity for MGs... his red convertible was parked outside. But more recently he had been, for many years, the Baron of Setmore Swamp of the Society for Creative Anachronism. Before you run to find a dictionary, the 200 members of Setmore Swamp are deeply involved in life as it was in mediaeval times. It turns out that Carl, as Baron, was responsible for pulling this group together and reigning as it's leader. The group has concern whether they can replace his great spirit and wise leadership (and love of beef and tankards of beer!).

The world has suffered an untimely loss of one of the good guys!

Charlie Engler



*Linda and Carl Finne  
Winners of HSC Commodore's Cup in 1975*

I was saddened to learn of Carl Finne's passing..

I have a vivid memory of Carl when he was 13 or 14 years old. He was in the Junior Fleet (and won the most races). In one particular race he, as usual, was in the lead. Our son Bob, who was 11 or 12 at the time, was racing in a borrowed Sunfish. A puff of wind came up and Bob went over. Carl saw what was happening and turned around, thereby losing his first place position, and helped Bob right the boat and got him going in the race again. That single incident showed what kind of caring person Carl was. I was looking forward to seeing him now that he had joined the club and tell him in person how much that mattered to me but, of course, that cannot be.

I have always suspected that Carl's action taught Bob (and me) a lesson which I have not forgotten. Bob has rescued several folks on Spruce Run when he was out with me and I attribute this to the example Carl set when he was a teenager. May his memory carry on the tradition of caring for others.

Arthur Roswell (Jet 1001)



*A birthday celebration at HSC c. 1979.  
From left to right, Jim McCrea Sr., Jack Shipman,  
Bruce Whitmore and Carl.*

Several checks in Carl Finne's memory have been received as contributions to HSC (as suggested in Carl's newspaper obituary). The club is very grateful for these donations.

## The Force 5

The Force 5 is a great boat to sail either cruising around or racing competitively. It's comfortable. You can sit in the bottom, put up your feet over the deck, and just have fun. Or you can get technical and work at making it go fast and test yourself against others. It has plenty of controls to help you.

I think it's really a one person boat. It's not much fun for the second person, when tacking, to step over the daggerboard, duck under the boom and not get tangled up in the main sheet. If you can avoid tacking, company is great on an afternoon. Best of all it has no jib or spinnaker to worry about.

I've been sailing and racing several for about 30 years. I'm still enjoying myself. It's sailable for youngsters, women and old timers. I can roll it off and on my trailer by myself. When the wind gets up and you're planing away on a reach it gets no better than that.

The Force 5 class organization runs regattas from Florida to the Great Lakes to Massachusetts. The competitors you join are friendly and helpful as are the members of HSC's Force 5 fleet.

I've heard it quoted that, "It's the best lake boat ever built."

Questions? Call 973-635-7764 or email F5ray@aol.com.

Ray Buchanan

## Racing Rules Updated for 2005-2008

Every four years the Racing Rules of Sailing are updated by the International Sailing Federation (ISAF). The new version covers 2005-2008. These new rules are on the whole not substantially different from the 2001-2004 edition, but there are some important changes that will affect all sailors. I would recommend reading Dave Perry's book *Understanding the Racing Rules of Sailing*. This is a great book that breaks down all the rules in an easy to understand way. You can get this book from Colie Sail's Pro Shop [www.sailorsproshop.com](http://www.sailorsproshop.com) or call 800-481-4349 or through US sailing at [www.ussailing.org/Merchandise/](http://www.ussailing.org/Merchandise/).

One example of a rule that is changing is Rule 42 (propulsion): "Sculling" has been redefined to include repeated "forceful" movement of the helm regardless of its effect. "Sculling" is now permitted when a boat is above close-hauled and has little steerageway and is trying to turn back down to close-hauled. All the changes from 2001-2004 rules fit on one page of Dave's book so check it out!

Doug Brown

## Jet 14 Fleet 2005 District I Regatta Schedule

Saturday, May 28 PLSC, Wayne, NJ,  
Annual Pines Lake Regatta/ District I Championship Leg 1  
Contact: Jim Ungemach 973-839-5197  
[jim.ungemach@hilltop.com](mailto:jim.ungemach@hilltop.com)

Saturday, July 9 HSC Wren Wregatta I  
First Annual Junior Skipper Open Regatta.  
Skipper must not have had 20th birthday by 12/31/05,  
no restrictions on crew. Shorter courses. Something new!

Sunday, July 10 HSC Wren Wregatta II  
Races scheduled for morning and with HSC afternoon club races.

Saturday, August 27 HSC Gravy Bowl/ District I Championship Leg 2  
HSC Contacts: Charlies Engler or Smith

Saturday, October 8, PYC, Wayne, NJ  
Packanack Lake Regatta/District I Championship Leg 3  
Contact: Sue Clark 973-838-9358 [clarkfamily@nac.net](mailto:clarkfamily@nac.net)

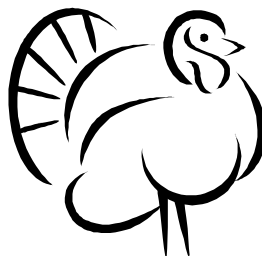
Note: The Jet 14 Junior, Senior, and Ladies NATIONALS are scheduled for Saratoga Lake, August 17 - 20

Charlie Engler 1129

## Frostbiting Doug Brown Wins Turkey Trot

Some HSC sailors don't have enough sense to come in out of the cold!

Derek Stow and Susan Mallows both have qualified by sailing in more than half of the races at the Cedar Point Yacht Club fall Laser frostbiting series. Derek Stow sailed in 71% of the races and Susan Mallows in 61%. Congratulations to Susan & Derek! The spring Laser frostbiting series at Cedar Point Yacht Club starts in March.



Doug Brown also did some frostbiting at the Sea Cliff Yacht Club in a Sunfish winning the Turkey Trot Sunfish Regatta. A regatta that Dave Davies won last year. Who will make it 3 in a row next year for HSC!

Doug Brown

# Laser Fleet

## Hangover Bowl

Two members of the HSC Laser Fleet started the 2005 season by traveling to Cedar Point YC in Connecticut on New Year's Day to sail in the aptly named Hangover Bowl. This event is essentially an alcoholic version of HSC Ladies Fun Day. Races included such old favorites as "Do a 360 on every leg" and "Windward-leeward or leeward -windward", a race in which each sailor can choose whether to cross the start line going upwind or downwind. As you can imagine this makes for exciting boat-to-boat encounters in a fleet of 32 boats in 15-20 knot winds! The winner of each race is obliged to consume an alcoholic beverage from the committee boat. And the last race was the self-explanatory "Come within Chug" race.

We also managed to do some fleet building and HSC recruiting as we met up with Dave Mesicek at the event. Some may remember Dave as a SANJL Junior Champion back in the early 90s. He has just returned to New Jersey from California (with Laser in tow of course) after working there for 5 years. As soon as we told him about the HSC Laser Fleet his reaction was "Count me in".



*David Mesicek, Susan Mallows and Derek Stow on New Year's Day 2005 at the Cedar Point Hangover Bowl*

## New HSC Event

On Memorial Day weekend, HSC will be hosting a unique two class challenge. On Sunday we will hold the First Annual HSC Laser Regatta. And on Monday we will hold our traditional Sunfish Memorial Day Regatta.

But there is a twist. There will be a special award for the sailor with the best performance across **both** events.

This new event is in recognition of the fact that many local sailors enjoy racing both of these superb single-handers. We tried to come up with a good name for the challenge; I'm not too fond of the one favored by our Sunfish fleet captain of "Cross-Dressers Award". Any other suggestions?

## Laser – 3 boats in one

Of course you know that the Laser is the Gold standard in single-handed, one-design sailing. That the Laser is a challenging boat that rewards athleticism, subtle steering and trimming techniques and tactical excellence.

But did you know that the Laser comes with 3 different rigs to suit sailors of different sizes and weights?



The "standard" or "full rig" Laser has a sail area of 7.06 square meters and is ideally suited to sailors of over 150 lbs. In lighter winds, smaller skippers can handle a full rig Laser, but when it gets windy you will be faster (and do less swimming) by using one of the smaller rigs below.



The Laser Radial has a radially cut sail of 5.76 sq mtrs and a shorter bottom mast section. In all other respects it is identical to the standard Laser. The Radial is best suited to sailors of 120 to 155 lbs. Very popular with youth, female and masters sailors, the Radial was recently selected as the Women's Single-handed Class for the 2008 Olympics.



The Laser 4.7 has a sail area of 4.70 sq mtrs. It is designed for sailors weighing from 75 to 120 lbs. Originally sold as a boat for youngsters moving up from Optimists, it is also becoming popular with adults in this weight range. This year, the Laser 4.7 World Championships are being held at Barrington RI in August.

As these 3 boats are identical except for different sails and bottom mast sections, it is quite practical to own more than one rig and decide which to sail when you see what the wind conditions are. Too windy today for the full rig? Sail the Radial. Or maybe Dad will sail the full rig one day and his daughter can sail the same boat with a 4.7 rig another day. What flexibility!

We plan to have all three of these rigs for you to try out at HSC events later this year.

Derek Stow

# Sunfish Fleet

*Dear Dr. Sunfish,  
I wanted to race on Sunday, Oct 10, 2004 at Spruce Run, but the wind was too strong for me. Other people were sailing, and I wanted to share their fun! What can I do?  
Sincerely, Heeled and Shipping Water.*

Dear Mr or Ms Heeled and Shipping Water,  
When the wind is strong, making occasional whistling sounds, or making a great many whitecaps, it is wise to rig the boat for heavy air. Before you leave shore, move the goose-neck aft of the first grommet in your Sunfish mainsail. Next, you want the sail low, but not so low that it scratches the deck, and there must still be room for you under the sail during a tack or gybe. Move the halyard on the gaff to accomplish this. Most inexperienced HSC Sunfish sailors should move the halyard an inch or 2 down the gaff, and then tie a tight boomvang. Push the gooseneck down 3 or 4 inches and tie off the knot for the boomvang. The boom will bend, but the gaff will bend also, thus the 4 inches is shared between the two spars. Books such as "Successful Sunfish Racing" or the "Sunfish Bible" have excellent diagrams showing how to tie a vang, and are available in the HSC Library. You could also get other sailors to show you. After tying the boomvang, you should tighten the outhaul. The outhaul is the line that runs along the boom and tightens the foot of the sail. It will be about an inch or more above the middle of the boom because the line goes straight and the boom is curved. Both the boomvang and the outhaul will flatten the sail. Then tighten the cunningham, also known as the downhaul. This is the line that pulls down along the leading edge of the mainsail. It is important to do the preceding adjustments in that order.

If you have battened hiking shorts, it is advised to wear them. Also, wear something to protect the tops of your feet and your toes. Now you are ready to sail!

There is no need to put the daggerboard all the way down. Leave the daggerboard up 2 to 4 inches all day, including on the windward leg of the race. With less daggerboard in the water, the boat slips sideways a little bit instead of heeling more. Hike hard: Hook your feet under your hiking strap, or under the center fore and aft part of the cockpit. Your rump should be just outside the boat. Lean out. This is fun! (And it is good exercise for your stomach muscles.) In heavy air you sit farther aft on the Sunfish than you do in light or medium wind conditions. You should sit centered (fore-aft) of the cockpit in these winds. Always watch where you are going, and enjoy the white spray your boat is making! You may let the leading edge of the sail luff periodically. Make sure you have plenty of speed before tacking. Be very careful when gybing. Be ready to hike on the new high side, pronto!

Other things you could do to help your sailing in heavy air is:  
+Learn how to rig a Jens. (It requires an extra piece of line, 4

feet long.)  
+Do lots of situps or stomach crunches.  
+Build a hiking bench and exercise those hiking muscles throughout the winter!  
+Practice, practice, practice.  
+Practice capsizing and righting the boat. Practice going over the top of the capsized hull and stepping right onto the daggerboard.

Have fun sailing!  
Dr. Sunfish

Nicky Eintohoven

## Hunterdon Sailing Club

### Officers

Commodore	Rich Baumann	973-667-4665
Vice Commodore	Elliot Zimmerman	908-889-0858
Rear Commodore	Mark Califano	973-584-2502
Asst. Rear Commodore	Gordon Sell	908-782-4497

Secretary	Andrew Lindgren	973-226-1553
Treasurer	Tom Maier	973-267-4859
Jr. Past Commodore	Brent Benson	610-282-3611

### Staff

Membership	Ellen Greenhorn	908-713-9346
New Member Liaison	Bob and Kaitlyn Orr	908-832-7553
Training	Nicky Einthoven	609-882-3392

Scorekeeper	Rodger Hall	570-839-6221
Protest Chairman	Doug Brown	201-394-1866

Handbook Editor	Kevin Pearce	908-400-6930
Newsletter Editor	Derek Stow	973-402-8112
Web Master	Chet Ensign	973-378-3472
Librarian	Ed Feeley	908-889-0929

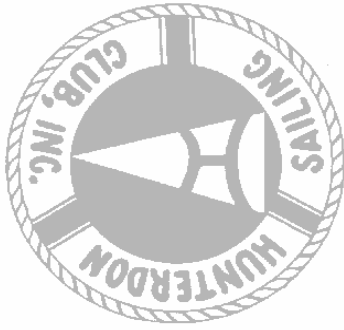
State Liaison	Charlie Engler	908-464-5564
NJYRA Representative	Bob Griswold	973-697-6841
Publicity	Ray Buchanan	973-635-7764

### Fleet Captains

Sunfish	Susan Mallows	908-638-5201
Sunday Sunfish	Nick Mentasana	908-322-8031
Force 5	Ray Buchanan	973-635-7764
Laser	Derek Stow	973-402-8112

Flying Scot	Chet Ensign	973-378-3472
Albacore	Art Mohan	908-526-8506
Jet 14	Charlie Engler	908-464-5564
	Charles Smith	201-435-3694

Open	Brian Wigham	908-475-8565
Junior	Caleb Zimmerman	908-889-0858

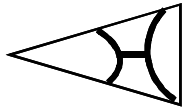


The FO'C'S'LE is the monthly newsletter by and for the members of the Hunterdon Sailing Club. Material is welcome from all members.

Submit copy to the editor at: 64 Lake Drive, Mountain Lakes, NJ 07046 or e-mail to: FocsleEditor@aol.com

Press deadline is the 20th day of the month.

*We're on the Web!*  
[www.redkoh.com/hsc](http://www.redkoh.com/hsc)



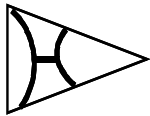
SailHSC@hotmail.com  
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*The* **FO'C'S'LE**

**JANUARY 2005**